



Quality meals for you

# Menu

69212205

waggamow@bigpond.com



## Instructions on how to complete this menu

1. Wagga Wagga Meals on Wheels runs on a 4 weekly rotational menu.
2. Please complete this menu with the items you would like to receive for weeks A, B, C, D in the relevant columns. We will continue to rotate these choices until advised otherwise. You are welcome to make changes as often as you like.
3. When you have selected your items either return the form or ring the office with your choices.
4. It is easy to change your choices at any time by contacting the office - 69212205

**NAME:** \_\_\_\_\_













"Meals on Wheels caters for everyone's individual needs. A chat during a visit or a laugh with friends, and a good healthy meal to improve my life"

More  
than just  
a meal

